

WEST AREA - ACTIVITIES & PROJECTS

Sheltered - Activities or Projects	Activity / Project Details
Adams Elm House – Resident led activities	<p>Weekly resident led activities held weekly including coffee mornings (daily in the lounge from 10am), craft groups (Monday & Tuesday 2pm), board game groups (Thursday 2pm) and choir (Tuesday 12:30-1:30pm). Quiz night is on a Friday at 5pm and Bingo is Sunday at 6pm.</p> <p>Residents have recently been donated card marking materials to begin a new group activity on their craft days.</p>
Scott House – Resident led activities	<p>Daily resident led activities including Bingo (Monday and Friday 6:30pm) and darts (Tuesday from 7pm) and a weekly gathering (Wednesday from 7pm) reducing social isolation.</p>
Furzefield – Resident led activities	<p>Daily resident led coffee mornings (daily from 10am) and afternoons (daily from 3pm) to reduce social isolation, weekly art group (Tuesday from 10am). They also have weekly Falls Prevention Classes (Tuesday 2:30-4:30pm)</p> <p>Residents have recently been donated card making materials to begin a new group activity during art group.</p>
Senier House – Resident Engagement	<p>Residents have put in a funding bid for a communal greenhouse to promote social interaction to decrease social isolation, improve mental health and healthy living.</p>

<p>Nicholson House – Resident led activities</p>	<p>Following successful resident activities on site, a monthly coffee morning will be starting this month, this will be on the 1st Friday of each month from 10-11am.</p> <p>Weekly resident led coffee morning (Monday 10am) and breakfast morning (Friday 10am) to reduce social isolation.</p> <p>Residents have recently been donated card making materials to use to set up a craft group together, date and time have not yet been decided whilst the Hobbies Room is updated.</p>
<p>Bishop House – Resident led activities</p>	<p>Weekly resident led sandwich morning (Thursday 10am) and bingo (Monday and Friday from 7pm) promoting social inclusion as well as residents raising money for charity.</p> <p>Monthly Kitchen 49 lunch promoting social interaction.</p>
<p>Trafford House – Resident led activities</p>	<p>Monthly Kitchen 49 lunch promoting social interaction.</p>
<p>Bradford Bury</p>	<p>Following a recent Coffee and Chat with residents, a fortnightly residents coffee morning will be taking place from the 14th October, 10-11am.</p>
<p>General Needs - Activities or Projects</p>	<p>Activity / Project Details</p>
<p>Queensway</p>	<p>Queensway Resident Group</p>

	<p>Resident led monthly evening meeting on the last Tuesday of every month 6-7:30pm and resident coffee mornings on the 1st and 3rd week of every month, 9:30-11am with support from staff</p> <p>ATF – weekly Youth Club (Tuesday 4:30-6pm) held at The Storehouse to promote youth interaction.</p> <p>Weekly chair-based activities held at All Saints Church (Thursday 5:30-6:30pm).</p> <p>Community event in partnership with QRG, ATF, the Storehouse, Suez and South Essex Homes for a community litter pick and education event regarding recycling and waste disposal on the 30th October from 10am.</p>
Temporary Accommodation - Activities or Projects	Activity / Project Details
Chaucer House – ATF	Weekly Leapsprogs classes held on Monday 10:30-11:30am for 0-5 years incorporating physical activities, learning and social interaction.
Chaucer House – SOUND ON	SOUND ON drama workshop – held weekly on a Wednesday 4:30-6pm
Chaucer House October Half Term	Halloween crafts party on the 28 th October from 11am-1pm allowing families to make homemade Halloween crafts and decorations.

For further information on any of the projects or activities please contact Phoebe Baker at phoebebaker@seh.southend.gov.uk