

## WEST AREA - ACTIVITIES & PROJECTS

Sheltered - Activities or Projects	Activity / Project Details
Adams Elm House – Resident led activities	Weekly resident led activities held weekly including coffee mornings (daily in the lounge from 10am), craft groups (Monday & Tuesday 2pm), board game groups (Thursday 2pm) and choir (Tuesday 12:30-1:30pm). Quiz night is on a Friday at 5pm and Bingo is Sunday at 6pm
Scott House – Resident led activities	Daily resident led activities including Bingo (Monday and Friday 6:30pm) and darts (Tuesday from 7pm) and a weekly gathering (Wednesday from 7pm) reducing social isolation.
Furzefield – Resident led activities	Daily resident led coffee mornings (daily from 10am) and afternoons (daily from 3pm) to reduce social isolation, weekly art group (Tuesday from 10am). They also have weekly Falls Prevention Classes (Tuesday 2:30-4:30pm)
Senier House – Resident Engagement	Residents have put in a funding bid for a communal greenhouse to promote social interaction to decrease social isolation, improve mental health and healthy living.

Nicholson House – Resident led activities	Weekly resident led coffee morning (Monday 10am) and breakfast morning (Friday 10am) to reduce social isolation.
Bishop House – Resident led activities	Weekly resident led sandwich morning (Thursday 10am) and bingo (Monday and Friday from 7pm) promoting social inclusion as well as residents raising money for charity.  Monthly Kitchen 49 lunch promoting social interaction.
Trafford House – Resident led activities	Monthly Kitchen 49 lunch promoting social interaction.
<b>General Needs - Activities or Projects</b>	<b>Activity / Project Details</b>
Queensway	Queensway Resident Group  Resident led monthly evening meeting on the last Tuesday of every month 6-7:30pm and resident coffee mornings on the 1 <sup>st</sup> and 3 <sup>rd</sup> week of every month, 9:30-11am with support from staff  ATF – weekly Youth Club (Tuesday 4:30-6pm) held at The Storehouse to promote youth interaction.  Weekly chair-based activities held at All Saints Church (Thursday 5:30-6:30pm).

