

EAST AREA - ACTIVITIES & PROJECTS

Sheltered - Activities or Projects	Activity / Project Details
Crouchmans	Residents run several activities that take place on a regular basis, including coffee mornings everyday between 9am and midday, Bingo evenings 4 times a week and Bacon Butty mornings on a Tuesday. There will be a 'Coffee and Chat' meeting with residents 10/07/25 to discuss opportunities to get involved with SEH and help shape our services, as well how we can support them in their community.
Keats House	Residents have several activities that take place on a regular basis in the communal lounge. These include Arts and Crafts sessions with Art Ministry on a Thursday, and lunches prepared by Project/Kitchen 49 every other Tuesday. These are set to take place on 08/07/25 and 22/07/25 for the month of July.
Keats House	Residents have also started Games/Quiz Night Socials of a Saturday evening. Initially these were fortnightly but have moved to weekly due to demand from residents.
Keats House	Residents will be holding a fundraiser event Saturday 5th July to raise money for Prostate Cancer UK. Everyone is welcome to this event which will be held in their communal lounge. There will be homemade cakes and refreshments as well as other items for sale in order to raise money for the charity.
Norman Harris House	Project 49 are currently working on art murals over at NHH, that they are painting in the corridors of the scheme. They will continue to attend and work on this project every Monday afternoon until it is completed. The aim of this project is to brighten the scheme with pops of colour and help boost residents' mood and pride in their home. Residents are also encouraged to get stuck in with the painting to improve both social skills and mobility.

The Jordans		There will be a 'Coffee and Chat' meeting with residents 01/07/25 to discuss opportunities to get involved with SEH and help shape our services, as well how we can support them in their community.
Kestrel House		There will be a 'Coffee and Chat' meeting with residents 17/07/25 to discuss opportunities to get involved with SEH and help shape our services, as well how we can support them in their community.
Trevett House		There will be a 'Coffee and Chat' meeting with residents 24/07/25 to discuss opportunities to get involved with SEH and help shape our services, as well how we can support them in their community.
General Needs – Activities or Projects		Activity / Project Details
Cluny Square		St Luke's Resident Association meet monthly at The Hub in Cluny Square to discuss local matters and tackle issues in the area as a collective. These take place on the first Thursday of each month between 16:00-17:00. The July meeting is set to take place on 03/07/25.
Shoebury- general		We will be looking to hold an 'Estate Day' event at the end of July around Delaware Road for SEH residents living nearby to come and speak to SEH staff who will be stallholders for the day. We will also be inviting other organisations we work in partnership with such as ATF, Axis, Suez, Police etc. the placeholder date is currently

WEST AREA - ACTIVITIES & PROJECTS

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Adams Elm House – Resident led activities		Weekly resident led activities held weekly including coffee mornings (daily in the lounge from 10am), craft groups (Monday & Tuesday 2pm), board game groups (Thursday 2pm) and choir (Tuesday 12:30-1:30pm). Quiz night is on a Friday at 5pm and Bingo is Sunday at 6pm
Adams Elm House – Resident led activities		Residents are aware of funding opportunities available to them which includes the Big Sparks and Community Panel, which will be advertised to residents this month to apply.
Scott House – Resident led activities		Daily resident led activities including Bingo (Monday and Friday 6:30pm) and darts (Tuesday from 7pm) and a weekly gathering (Wednesday from 7pm) reducing social isolation.
Furzefield – Resident led activities		Daily resident led coffee mornings (daily from 10am) and afternoons (daily from 3pm) to reduce social isolation, weekly art group (Tuesday from 10am). They also have weekly Falls Prevention Classes (Tuesday 2:30-4:30pm)
Senier House – Resident Engagement		Residents have put in a funding bid for a communal greenhouse to promote social interaction to decrease social isolation, improve mental health and healthy living.
Nicholson House – Resident led activities		VJ day resident led coffee and cake morning – 15th August 10am-12pm Weekly resident led coffee morning (Monday 10am) and breakfast morning (Friday 10am) to reduce social isolation.
Bishop House – Resident led activities		Weekly resident led sandwich morning (Thursday 10am) and bingo (Monday and Friday from 7pm) promoting social inclusion as well as residents raising money for charity VJ Day Afternoon Tea, resident led event on the 15 th August, time not yet confirmed.
Trafford House – Resident led activities		Monthly Kitchen 49 lunch promoting social interaction.

General Needs		Activity / Project Details
Queensway		<p>Queensway Resident Group Resident led monthly evening meeting on the last Tuesday of every month 6-7:30pm and resident coffee mornings on the 1st and 3rd week of every month, 9:30-11am with support from staff (coffee mornings postponed this month due to Summer holidays and Queensway Art Jam Project) ATF – weekly Youth Club (Tuesday 4:30-6pm) held at The Storehouse to promote youth interaction. (Postponed for August, will continue from September) Weekly chair-based activities held at All Saints Church (Thursday 5:30-6:30pm). Queensway Planter painting project – Phase 2- now named Queensway Art Jam</p> <p>Workshops with local artist for children of the estate being held at the Storehouse on the 7th and 14th August, 11am-1pm and big paint day on the 21st from 11am with staff volunteers, ATF, Queensway Resident Group, Southend Community Matters and local children.</p>
Balmoral		Community Summer Carnival – 29th August - 12-3pm -North Road Burial Grounds
Temporary Accommodation - or Projects		Activities
Chaucer House – ATF		Weekly Leapsprogs classes held on Monday 10:30-11:30am for 0-5 years incorporating physical activities, Learning and social interaction. (currently postponed for August, commencing again in September)
Chaucer House – SOUND ON		SOUND ON drama workshop – held weekly on a Wednesday 4:30-6pm (SOUND ON currently postponed for August commencing again in September) Chaucer House Summer Art Workshops (children workshops); 6th – 11am-1pm – Canvas art for the communal lounge (Resident Engagement led) 13th – 11am-1pm – Pottery with Relevation Arts 20 th – 11am-1pm – Pottery with Relevation Art

For further information on any of the projects or activities please contact Phoebe Baker at phoebebaker@seh.southend.gov.uk