

EAST AREA - ACTIVITIES & PROJECTS

| Sheltered - Activities or Projects | Activity / Project Details |
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| Crouchmans | Residents run several activities that take place on a regular basis, including coffee mornings everyday between 9am and midday, Bingo evenings 4 times a week and Bacon Butty mornings on a Tuesday. There will be a 'Coffee and Chat' meeting with residents 10/07/25 to discuss opportunities to get involved with SEH and help shape our services, as well how we can support them in their community. |
| Keats House | Residents have several activities that take place on a regular basis in the communal lounge. These include Arts and Crafts sessions with Art Ministry on a Thursday, and lunches prepared by Project/Kitchen 49 every other Tuesday. These are set to take place on 08/07/25 and 22/07/25 for the month of July. |
| Keats House | Residents have also started Games/Quiz Night Socials of a Saturday evening. Initially these were fortnightly but have moved to weekly due to demand from residents. |
| Keats House | Residents will be holding a fundraiser event Saturday 5th July to raise money for Prostate Cancer UK. Everyone is welcome to this event which will be held in their communal lounge. There will be homemade cakes and refreshments as well as other items for sale in order to raise money for the charity. |
| Norman Harris House | Project 49 are currently working on art murals over at NHH, that they are painting in the corridors of the scheme. They will continue to attend and work on this project every Monday afternoon until it is completed. The aim of this project is to brighten the scheme with pops of colour and help boost residents' mood and pride in their home. Residents are also encouraged to get stuck in with the painting to improve both social skills and mobility. |
| The Jordans | There will be a 'Coffee and Chat' meeting with residents 01/07/25 to discuss opportunities to get involved with SEH and help shape our services, as well how we can support them in their community. |

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| Kestrel House | There will be a 'Coffee and Chat' meeting with residents 17/07/25 to discuss opportunities to get involved with SEH and help shape our services, as well how we can support them in their community. |
| Trevett House | There will be a 'Coffee and Chat' meeting with residents 24/07/25 to discuss opportunities to get involved with SEH and help shape our services, as well how we can support them in their community. |
| General Needs – Activities or Projects | Activity / Project Details |
| Cluny Square | St Luke's Resident Association meet monthly at The Hub in Cluny Square to discuss local matters and tackle issues in the area as a collective. These take place on the first Thursday of each month between 16:00-17:00. The July meeting is set to take place on 03/07/25. |
| Shoebury- general | We will be looking to hold an 'Estate Day' event at the end of July around Delaware Road for SEH residents living nearby to come and speak to SEH staff who will be stallholders for the day. We will also be inviting other organisations we work in partnership with such as ATF, Axis, Suez, Police etc. the placeholder date is currently |

WEST AREA - ACTIVITIES & PROJECTS

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| Sheltered - Activities or Projects | Activity / Project Details |
| Adams Elm House – Resident led activities | Weekly resident led activities held weekly including coffee mornings (daily in the lounge from 10am), craft groups (Monday & Tuesday 2pm), board game groups (Thursday 2pm) and choir (Tuesday 12:30-1:30pm). Quiz night is on a Friday at 5pm and Bingo is Sunday at 6pm |
| Adams Elm House – Resident led activities | Residents are aware of funding opportunities available to them which includes the Big Sparks and Community Panel, which will be advertised to residents this month to apply. |

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| Scott House – Resident led activities | Daily resident led activities including Bingo (Monday and Friday 6:30pm) and darts (Tuesday from 7pm) and a weekly gathering (Wednesday from 7pm) reducing social isolation. Discussion to take place for potential fund raising for new activity for summer months during Coffee and Chat on the 15th July. |
| Furzefield – Resident led activities | Daily resident led coffee mornings (daily from 10am) and afternoons (daily from 3pm) to reduce social isolation, weekly art group (Tuesday from 10am). They also have weekly Falls Prevention Classes (Tuesday 2:30-4:30pm) |
| Senier House – Resident Engagement | Residents have put in a funding bid for a communal greenhouse to promote social interaction to decrease social isolation, improve mental health and healthy living. |
| Nicholson House – Resident led activities | Weekly resident led coffee morning (Monday 10am) and breakfast morning (Friday 10am) to reduce social isolation. |
| Bishop House – Resident led activities | Weekly resident led sandwich morning (Thursday 10am) and bingo (Monday and Friday from 7pm) promoting social inclusion as well as residents raising money for charity |
| Bishop House – Resident led activities | Weekly Falls Prevention Class on Tuesday 10-11:30am - Monthly Kitchen 49 lunch promoting social interaction. |
| Trafford House – Resident led activities | Monthly Kitchen 49 lunch promoting social interaction. |
| Temporary Accommodation - Activities or Projects | Activity / Project Details |
| Activity / Project Details | Queensway Resident Group Resident led monthly evening meeting on the last Tuesday of every month 6-7:30pm and resident coffee mornings on the 1st and 3rd week of every month, 9:30-11am with support from staff. |

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| Activity / Project Details | ATF – weekly Youth Club (Tuesday 4:30-6pm) held at The Storehouse to promote youth interaction. Weekly chair-based activities held at All Saints Church (Thursday 5:30-6:30pm). |
| Activity / Project Details | Queensway Planter painting project – Phase 2 Following successful phase 1 of the project, the chosen local artist will attend last coffee morning of the month to meet residents. |
| Temporary Accommodation - Activities or Projects | Activity / Project Details |
| Chaucer House – ATF | Weekly Leapsprogs classes held on Monday 10:30-11:30am for 0-5 years incorporating physical activities, learning and social interaction. |
| Chaucer House – SOUND ON | SOUND ON drama workshop – held weekly on a Wednesday 4:30-6pm SOUND ON summer – child led project to create an art-based community tree to be displayed in the lounge as well as a gardening project to get child growing their own fruit, vegetables and herbs. |