

VOLUNTEER FRIENDSHIP GROUP

Every Wednesday 10:45am - 11:15am.



Volunteering is a great way of meeting other people and sharing experiences,. Volunteers can learn new skills from taking part in activities, from volunteer training sessions or from other volunteers. They are also involved in very meaningful activities that support: the opening of the Wellbeing at Garon Park site; the running of activities and the development of the site. However, we think friendship is probably the most important, so each week our volunteers are invited to come to a social gathering where we can also share with them the plans for the park so they really are involved and able to contribute.

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Wellbeing at Garon Park, Cricket Pavilion, Garon Park, Eastern Avenue, Southend on Sea, Essex SS2 4FA